



Simplifying caregiving for loved ones with memory loss.

Care-Wallet™

Are you providing care or coordinating care for someone with dementia, including Alzheimer's?

Care-Wallet™ is a secure web platform and support system designed for people coordinating care.

The UMaine Center on Aging invites you to be part of a research study of the Care-Wallet web application. Care-Wallet provides:



- Personalized care planning & guidance
- Healthcare benefits & resources navigation
- Collaborative care among family members
- Specialized support from care managers

Research participants will receive \$100 in compensation for completing surveys and an interview. They also get free access to the Care-Wallet program!

Scan now to see if you qualify!



As a caregiver or someone coordinating care, you may be juggling many things all at once :

- **Managing medications**
- **Coordinating healthcare appointments**
- **Figuring out healthcare benefits**
- **Tracking and paying for care expenses**
- **Looking for guidance on care options**
- **Worrying about their safety**
- **Struggling with their behavior changes**

Care-Wallet is here to simplify and enhance your caregiving journey, making it easier for you to manage this care at home in a proactive and supported manner.

Eligibility criteria for taking part in the Care-Wallet Study:

- **The person you are providing care or co-ordinating care for:**
 - **Has dementia (including Alzheimer's)**
 - **Resides in Maine or Massachusetts**
 - **Does not reside full time in a care facility**
 - **Requires at least a few hours a month of your help with care or coordinating care**
- **You have room to grow in your confidence as a caregiver based on a screening survey**
- **You have a desktop or laptop computer and internet access**
- **You have not used Care-Wallet in the past/ You are a new Care-Wallet user**

**Complete a ten minute screening survey at:
<https://bit.ly/carewallet> or by [Clicking Here](#)**

A Care-Wallet staff member will be in touch by email about your eligibility

About the study

The purpose of this research is to 1) understand the impact of using Care-Wallet on caregiver preparedness, confidence, and burden: 2) Get feedback about satisfaction with Care-Wallet features.

The Principal Investigator is **Dr. Jennifer Crittenden**, associate professor of social work at the University of Maine and Associate Director for Research at the University of Maine Center on Aging. The study is voluntary.

To help evaluate Care-Wallet, you will be asked to complete three electronic surveys while using Care-Wallet and a half hour interview with researchers at the end of your study participation.

Information you will be asked to provide through surveys and interview include:

- Demographic information about you
- Information about the health of the person you care for
- Your satisfaction and feedback about the Care-Wallet care planning process
- Ratings of how you feel about your caregiver experience

The estimated time to participate in the Care-Wallet process and study surveys/ interview is 5-8 hours total over 7 weeks. The information you provide will be confidential.

**If you have any questions, please contact study coordinator
Rachel Coleman at rachel.coleman@maine.edu**